

DUOLITH® and MASTERPULS® –  
TP-TOOL® (according to Swart)



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## TP-TOOL® – Fast, easy trigger point localisation

### How do you localise trigger points with the TP-TOOL®?

Trigger points (TPs) and other disorders of the myofascial system are often what causes the pain and restricted functional movement associated with musculoskeletal diseases. Trigger points are primarily the result of muscle hardening and local swelling. The skin in the areas affected by them is also much more sensitive than the surrounding areas. To localise trigger points, the therapist rolls the TP-TOOL® over the areas of the body being examined. Hardened muscle will respond with slight resistance and tell the therapist more about the position, number and sensitivity of both deep and superficial trigger points. The TP-TOOL® is designed to support the therapist's hands and enable quick and easy investigations of the myofascial system, in turn allowing therapy (using radial and focused shock waves, for example) to be administered in exactly the areas that require it. »Localising trigger points with the TP-TOOL® is quick, precise and almost painless«, says Dr Stephan Swart.



1 Identify the trigger points



2 Mark the trigger points



3 Treat the trigger points with shock waves